



# COMMUNITY CONNECTIONS

***When You Go Home  
Tell Them Of Us  
And Say "For Your Tomorrow,  
We Gave Our Today"  
John Maxwell Edmonds (1875–1958)***

Hi everyone,

This year seems to be going so quickly! It is hard to believe that Easter has come and gone and now our sights are firmly set on Anzac Day when we will commemorate the 100<sup>th</sup> anniversary of the landing of our troops at Gallipoli.

The first few months of the year have been busy for CCC staff. All of our regular programs for young people, children and families have recommenced and our first major event for the year, a High Tea hosted during Seniors Week in March, was a great success. Also in March, we celebrated Neighbour Day at East Village and Edmondson Park and both of these community events were well attended.

We have a very busy month planned for April with lots of activities for all ages in our community. Our program of Cultural Bus Tours for seniors has commenced. Our first destination was the Powerhouse Museum in Sydney and in April a group will be travelling for the day to Kangaroo Valley via the Belle Fleur Lavender Cottage at Hilltop. Our Sessions for Seniors program is recommencing in April with a Keeping up with Technology workshop. While this program targets seniors anyone in the community that is interested is most welcome to attend.

During Youth Week, 10-19 April, we have a number of informative workshops for young people; a Mocktail Party with a focus on safe partying; and our final Thursday Night Outreach for the season. Also, during the school holidays, we have an art workshop; a circus workshop; a Scarecrow workshop at East Village; and a Kids Fun Day at Edmondson Park. Our quarterly community BBQ will also be held at the Narellan library forecourt on Tuesday 14<sup>th</sup> April so come along and grab a free sausage sandwich and enjoy some family entertainment.

To commemorate the Anzac Day 100<sup>th</sup> anniversary CCC have a number of community activities planned. On the 22<sup>nd</sup> April, we will be screening "Camden Anzacs – Our Story" at Narellan United Cinemas. This is a great opportunity for anyone interested to come along and enjoy this documentary on the big screen. On the 26<sup>th</sup> April, we are holding an Anzac community picnic at Curry Reserve. We will be paying respect to the many men and women that have served our country over the past 100 years and there will be lots of "old fashioned" entertainment for the whole family. We have received a large number of entries for the Anzac poetry competition. Judging will take place in April and the winning poems will be read out at the picnic.

The team at CCC acknowledge the important contribution servicemen and women, have made, and continue to make, to preserve the freedom we enjoy in this, the luckiest country in the world. We hope you can join us at one of the Anzac events to commemorate 100 years of the Anzac spirit.

Cheers

Sue



## WHAT'S ON

### APRIL

<b>JOB PREP WORKSHOP</b> for young people	Monday 13th April in the Space (Upstairs in Narellan Library) 10:30 - 3:30
<b>CCC Quarterly Community BBQ</b>	Tuesday 14th April in the Narellan Library Forecourt 12pm – 1:30pm
<b>Cultural Bus Tour - KANGAROO VALLEY</b>	Friday 17th April Departing Narellan Library @ 9am
<b>KIDS CLUB - Circus Workshop</b>	Wednesday 15th April at Narellan Child Family & Community Centre 10am - 12pm
<b>MOCKTAIL PARTY</b> for young people	Wednesday 15th April at the Macarthur Centre for Sustainable Living Mount Annan 5:30pm - 7:30pm
<b>Sessions For Seniors - Keeping up with Technology</b>	Tuesday 21st April at Narellan Child Family & Community Centre 2pm - 3:30pm
<b>CAMDEN ANZACS 'Our Story' Screening</b>	Wednesday 22nd of April at United Cinemas, Narellan 7pm
<b>ANZAC CENTENARY Community Picnic</b>	26th April 2015 at Curry Reserve, Camden Valley Way 11am - 3pm
<b>'Find Your Feet' - Ballroom Dancing for Seniors</b>	Every Tuesday from 28th April - 16th June at Narellan Child Family & Community Centre 10am – 12pm
<b>Mothers Day Lunch</b>	Thursday 30th April at Camden Hotel 12pm - 2:30pm

### MAY

<b>Connecting Women Art Class</b>	Every Wednesday from 6th May - 3rd June at Narellan Child Family and Community Centre 10am-12pm
<b>McDonalds Community Fundraiser</b>	Monday 4th May at McDonalds Mount Annan 5pm - 7pm
<b>Employment Seminar for Seniors</b>	Tuesday 19th May at Camden Civic Centre 9am - 12pm
<b>COOKING CORNER - Bread Making</b>	Tuesday 26th May at Macarthur Centre for Sustainable Living Mount Annan
<b>CCC's Quarterly Networking Event</b> Black Dog Institute	Wednesday 27th May at the Macarthur Centre for Sustainable Living Mount Annan 4:30 - 6pm
<b>Cultural Bus Tour- Chocolate &amp; Nuts</b>	Friday 29th May Departing Narellan library carpark at 9:30am <b>BOOK NOW!</b>

### JUNE

<b>Triple P Parenting program</b>	Tuesday 2nd June, 9th June, 16th June, 23rd June in the Iron Bark room (upstairs in Narellan Library) for parents with children aged 2 – 8 years
<b>BUNNINGS BBQ Fundraiser</b>	Saturday 6th June at Bunnings Narellan 8:30am - 3pm
<b>Shopping Bus Trip - Wetherill Park</b>	Friday 19th June Departing Narellan Library at 9am
<b>Sessions 4 Seniors - Driving Safely</b>	Tuesday 23rd June at Narellan Child Family & Community Centre 2pm - 3:30pm

### ONGOING

<b>Children</b>	<b>Bright Eyes Playgroup</b> every Monday @ Narellan Child, Family and Community Centre <b>Playlinks Playgroup</b> every Wednesday @ Curry Reserve, Camden Valley Way <b>Brightstars Playgroup</b> every Thursday @ Narellan Child, Family and Community Centre
<b>Youth</b>	<b>Thursday Night Outreach</b> for young people @ the Narellan Library Forecourt (October to April) <b>Winter Outreach</b> for young people @ Narellan Child Family and Community Centre (May - September) <b>Case Management and Referral</b> available by appointment
<b>Seniors</b>	<b>ACTIVE OVER 50's</b> <b>Tai Chi</b> 12:30pm - 1:30pm Every Monday @ Narellan Child, Family and Community Centre <b>Tai Chi</b> 10-11am every Tuesday @ Harrington Park <b>YOGA</b> 10:30am every Mon @ Phoenix Health Club, Smeaton Grange <b>FITNESS</b> 8:30am every Wed & Fri @ Phoenix Health Club, Smeaton Grange
<b>Groups</b>	<b>Camden Just Walk It Walking Group.</b> Every Tuesday @ the Nepean Cycleway <b>Mt Annan Wanderer's Walking for Pleasure Walking Group.</b> Every Friday @ Mt Annan Botanic Garden <b>Macarthur Spinners and Weavers.</b> Every Friday @ Country Women's Association, Camden <b>Polymyalgia Rheumatic Support Group.</b> Monthly
<b>General</b>	<b>Leppington Forest Lawn Cemetery Bus Service - Dates Below</b> (Bookings Essential) Monday 2nd March, Monday 1st June, Monday 7th September, Monday 7th December <b>Sydney Water Payment Assistance Scheme (PAS),</b> by appointment only <b>Macarthur Legal Centre</b> – Free Legal Advice, 1st Wednesday of every month, by appointment

## COOKERY CORNER

### Ingredients

- 1 butternut pumpkin about 800 g, peeled, seeded and cut into chunks
- 1 large carrot peeled and thickly sliced
- 1 red capsicum seeded and chopped
- 1 large onion thinly sliced
- 3 garlic cloves crushed
- salt and freshly ground black pepper
- 1/3 cup cream cheese
- 1 tablespoon finely snipped fresh chives
- 1 1/2 tablespoon chopped fresh flat-leaf parsley

### Method

1. Bring 1 litre of water to the boil. Add the pumpkin, carrot, capsicum, onion, garlic and a pinch of salt, then cover and cook gently for 30 minutes, or until the vegetables are tender.
2. Take the pan off the heat to allow the mixture to cool slightly. Tip the cooled mixture into a blender or food processor and purée until smooth. Add the cream cheese and blend once more.
3. Return the soup to the pan, stir in the herbs and reheat gently. Season to taste.



## CANDID CAMDEN

### Local War Veterans from CAMDEN ANZACS 'Our Story' Documentary



Bert Ryan

Laurie Giles

Rob Maguire

Ken Bell

Stuart Pemberton

Con Diomis



**'Lest we forget'**



### OUR TEAM

Contact us on 4647 1283 or [info@camdenconnections.org.au](mailto:info@camdenconnections.org.au)  
Narellan Child Family & Community Centre,



Sue Robinson  
Manager



Catherine Gonzaga  
Community Development  
Worker  
Family Worker



Elleneta Hocking  
Bookkeeper



Maria Esma  
East Village Community  
Facilitator  
CCC Youth Worker



Mark Jackson  
Community Development  
Worker  
Edmondson Park  
Community Facilitator



Teeann Page  
Youth Worker





Camden  
Community  
Connections

**To celebrate  
100 Years of ANZAC  
CCC are holding two  
great ANZAC Centenary  
events including:**

A screening of  
**CAMDEN ANZACS**  
**'Our Story'**  
at United Cinemas

&

**ANZAC CENTENARY  
COMMUNITY PICNIC**  
Curry Reserve, Elderslie



Camden  
Community  
Connections



Screening at United Cinemas, Narellan  
7pm Wednesday 22nd April

# CAMDEN ANZACS 'OUR STORY'

AWARD WINNING

**Ticket prices**  
\$6 Regular \$15 Recliner

Tickets can be purchased from Camden Community Connections  
office at Narellan Child, Family & Community Centre & on the  
United Cinemas Website. For more information contact 46471283



Camden  
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# ANZAC CENTENARY



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# COMMUNITY PICNIC

**CURRY RESERVE, ELDESLIE**

Proudly sponsored by the  
Australian Government  
Department of  
Veterans' Affairs

**EVERYONE  
WELCOME**

**11AM-3PM SUNDAY  
26TH APRIL**

Special ANZAC performance \* music \* dancing,  
games \* mini golf \* jumping castle \* face painting

Food and drink will also be available



Phone 4647 1283 [www.camdenconnections.org.au](http://www.camdenconnections.org.au)  
Email [info@camdenconnections.org.au](mailto:info@camdenconnections.org.au)  
Narellan Child, Family and Community Centre, Queen Street