

# Circle of Security Parenting.™ (abbreviated)

**Understand and support your child's needs by building secure attachment.**

Parents/carers wishing to better understand and connect with their children (recommended age 6months-12years)

At some point in time, all parents experience the uncertainty of not knowing what their children need. Imagine what it might feel like if you were able to make sense of what your child was really asking from you? This internationally recognised parenting program is based on decades of research about how secure parent-child relationships can be supported and strengthened.

## What will I learn ?

- Understand your child's emotional world by learning to read the emotional needs
- Support your child's ability to successfully manage emotions
- Enhance the development of your child's self esteem
- Honour your innate wisdom and desire for your child to be secure

\*Abbreviated indicates we have altered the number of sessions the program is delivered over, all program content is still covered.

## For more information or to make a booking

**Please contact:** Robbie Mcdonagh  
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0490 844 273



**Date:** Thursdays 9, 16, 23 Feb, 2, 9 March  
**Time:** 11am - 1pm  
**Cost:** Free  
**Location:** 52 Riverside Dr, Airds, 2560 (AB Central)