



COMMUNITY CONNECTIONS

"Spring is nature's way of saying, 'Let's party!' "
Robin Williams

With less than nine weeks until Christmas, this year is all but over and most people's sights are firmly set on the end of the year. CCC still has quite a number of programs and events coming up during November and December and we are also busy planning for 2016!

On the 20th November, in partnership with Mt Annan High School, and with the support of many organisations and individuals in our community, we are facilitating the 4th Annual International Girls' Day. This event provides an important opportunity to empower young girls and to remind them that with self-belief and confidence they will be able to achieve their goals.

Our Annual General Meeting will be held on 25th November in the Ironbark Room at Narellan Library and Eliza Hazlett from Camden Council will be presenting on the Camden Council Active Ageing Strategy. We will also be showcasing one of our most popular initiatives this year with a ballroom dancing demonstration by some of the participants of our "Find Your Feet" program. Everybody is welcome to attend the AGM and we especially encourage all of our members to come along to the meeting which will be followed by a light supper.

As we approach the festive season when many of us will be going on holidays, it is a good time to reflect on general safety in and around the home. Whatever your plans are, or wherever you may be, think about the safety of you and your family. One aspect of safety to consider is Fire Safety and you will find some handy tips below:

Festive Fire Safety

- When choosing an artificial Christmas tree, look for a label marked fire retardant.
- Always use a tree stand to prevent trees toppling over.
- Do not put your decorations too close to open flames like candles or barbeques.
- Don't overload power sockets or piggy back double adaptors for Christmas lights or ornaments.
- Only use lights and ornaments that meet Australian standards and if the lights are going outside make sure they are suitable for outside use.
- Check the lights before use and do not use if cords appear damaged.
- Switch off all electrical displays before going to bed.
- Barbeques should be checked before lighting.

- Look for fat build-up on the housing and ensure the gas bottle connections are secure.
- Always use a barbeque in a well ventilated area.
- ♦ Kitchen fires start many residential fires. Never leave food to cook unattended either on a stove or in the microwave.
- A well maintained working fire extinguisher in the home can bring a house fire under control within the first few minutes of ignition.
- Develop a home 'Escape Plan' and practice it so that in an emergency members of your household know what to do. If you use deadlocks make sure the key is in the lock or nearby so you can escape quickly.
- If you live in a bush fire area, keep the ground around your home clear of leaves and other litter and remember to clean your gutters regularly.



CCC will again be coordinating the Christmas Giving Tree Project, aimed at collecting gifts for disadvantaged children and families. This year we will be working in partnership with Lifeline; Camden Council Library Services; Camden Civic Centre; and a number of other local community organisations to collect and distribute the gifts.

If you are in a position to donate a gift, please support this worthy project and make a difference this Christmas! Christmas Giving Trees will be located from 4th November at:

- Narellan Library
- Camden Library
- Camden Civic Centre
- Camden Community Connections Office

Our next newsletter will be distributed in January 2016! In the meantime, if you would like to know more about the many programs and activities CCC have, or if you would like to become a member, please give us a call or drop in and see us.

Seasons Greetings from the CCC Team! We are looking forward to working with you all again in 2016.

Sue

PROJECT SNAPSHOT













WHAT'S ON

NOVEMBER		
Penrith Westfield's Shopping Trip	Friday 13th November Departing Narellan Library @ 9am	
International Girls Day	Friday 20th November @ Mount Annan High School	
CCC Annual General Meeting	Wednesday 25th November 5pm - 8pm Upstairs in the Narellan Library Building	
East Village Spring Farm Trunk R Treat	Friday 30th November 5pm - 7pm @ Spring Farm Sales Centre, Eastern Avenue	FREE
Bardia Edmondson Park Cultural Festival	Saturday 14th of November 11am - 2pm @ Brigade Park, Bardia Avenue (off Macdonald Rd)	FREE
Christmas Giving Tree Project	November - December (see front page for details)	

DECEMBER	
Bus Service to Leppington Forest	Monday 1st December
Lawn Cemetery	Departing Narellan Library Car park at 10am
Christmas Cooking Workshop	Tuesday 1st of December 1pm - 3pm
	@ the Macarthur Centre for Sustainable living, Mount Annan
Christmas Light Tours	Tuesday 8th December & Tuesday 15th December
_	Departing 8pm from Narellan Library Carpark
Seniors Christmas Concert	Wednesday 16th December 11:30am @ Camden Civic Centre
	Contact Camden Civic Centre on 4655 8681
Narellan Thursday Night Outreach	Final Outreach for 2015 will be on Thursday 17th December
	5pm - 7:30pm @ Narellan Library Forecourt

UPCOMING	
Narellan Thursday Night Outreach	Starting back on Thursday 28th January 2016 5pm - 7:30pm @ Narellan Library Forecourt
East Village Meet and Greet	January 2016 @ East Village Spring Farm
Seniors Week	March 2016
Ballroom Dancing for Seniors	Returning in 2016

ONGOING		
	Bright Eyes Playgroup every Monday @ Narellan Child, Family and Community Centre	
Children	Playlinks Playgroup every Wednesday @ Curry Reserve, Camden Valley Way	
Officien	Brightstars Playgroup every Thursday @ Narellan Child, Family and Community Centre	
Youth	Thursday Night Outreach during daylight savings 5pm - 7:30pm @ Narellan Library Forecourt	
	Case Management and Referral available by appointment	
	ACTIVE OVER 50's	
	Tai Chi 12:30pm - 1:30pm Every Monday @ Narellan Child, Family and Community Centre	
	Tai Chi 10-11am every Tuesday @ Harrington Park	
Seniors	YOGA 10:30am every Mon @ Phoenix Health Club, Smeaton Grange	
	FITNESS 8:30am every Wed & Fri @ Phoenix Health Club, Smeaton Grange	
	Camden Just Walk It Walking Group. Every Tuesday @ the Nepean Cycleway	
Mt Annan Wanderer's Walking for Pleasure Walking Group.		
Groups	Every Friday @ Mt Annan Botanic Garden	
	Macarthur Spinners and Weavers. Every Friday @ Country Women's Association, Camden	
	Polymyalgia Rheumatic Support Group. Monthly	
General	Leppington Forest Lawn Cemetery Bus Service - Dates Below (Bookings Essential)	
	Monday 2nd March, Monday 1st June, Monday 7th September, Monday 7th December	
	Sydney Water Payment Assistance Scheme (PAS), by appointment only	
	Energy Accounts Payment Assistance Scheme (EAPA) by appointment only	
	Macarthur Legal Centre – Free Legal Advice, 1st Wednesday of every month, by appointment	
	Tax Help Program - Free Tax Help Program at Narellan Library (July - October)	



Macarthur Legal Centre



1st Wednesday of Every Month 9:30am – 11:30am

Camden Community Connections (CCC)

Narellan Child, Family and Community Centre

Phone: (02) 4647 1283

FREE LEGAL ADVICE SESSION

We can help you find solutions to

- Centrelink Issues
- · Consumer Complaints
- Child Support including DNA Testing
- · Traffic Offence/Fine Disputes
- Neighbourhood Disputes
- Debt/Credit Problems
- Domestic Violence
- Youth Issues

- Discrimination Issues
- Employment Law Issues
- Administrative Law Issues
- Family Law Divorce and Children's issues
- Victims of Crime
- Minor Criminal Matters
- Wills and Power of Attorney



Please telephone CCC on (02) 4647 1283 to make an appointment.

If English is not your first language, please let us know that you need an interpreter.



Providing for those in need at Christmas

- □ Collect a gift tag from one of the Christmas trees located at Narellan Library, Camden Library, Camden Civic Centre & CCC Office
- ☐ Buy a gift and wrap it OR even easier, place your gift in a Christmas bag
- □ Return your gift to one of the Christmas trees locations





COOKERY CORNER

Apple Orange & Ginger Punch

Ingredients

2 cups apple juice, chilled

1 1/2 cups orange juice, chilled

2 cups dry ginger ale, chilled

3 cups lemonade, chilled

2/3 cup vodka (Optional)

125g strawberries, hulled, diced

Ice cubes, to serve

Method

Step 1

Combine apple juice, orange juice, dry ginger ale and lemonade in a large jug.

Step 2

Add strawberries, and ice. Pour in Vodka if using

Serve.



CANDID CAMDEN



Newly opened Narellan Town Centre car park

OUR TEAM





Sue Robinson Manager



Maria Esma Team Leader





Firaol Tujuba Community/Family



Mark Jackson Community Worker



Kayla Cornish Youth Worker



Aaron Frydmann Program Assistant



Jo Fawbert Bookkeeper



Notice of Notice

Wednesday 25th November 5:00pm

The Iron Bark Room, Upstairs in Narellan Library
19 Queen Street, Narellan

Guest speaker:

Eliza Hazlett - Camden Council

Presenting on...
'Camden Council
Active Ageing Strategy'

RSVP 13th November 2015

P: 4647 1283

E: sue.robinson@camdenconnections.org.au

Light refreshments will be provided

Nominations

Nominations for the Management Committee are being accepted. Nominations will only be accepted by members of CCC. Nomination forms are available from the Camden Community Connections office.

Nominations close at 4.30pm on Tuesday 17th November

Narellan Child, Family and Community Centre, Queen Street Narellan

P: 4647 1283 | info@camdenconnections.org.au | www.camdenconnections.org.au