



What's On Term 1, 2022 Camden LGA

Narellan Child, Family & Community Centre
16-24 Queen Street Narellan, 2567

www.yellowumbrella.org.au
Office : 4647



Yellow Hampers - FREE - Mondays & Fridays

Emergency food relief for Macarthur residents requiring short term support

Email rob.mcdonagh@yellowumbrella.org.au or call 4647 1283

Tai Chi (volunteer facilitator) - \$10/session – Mondays 1-2pm

Email community@yellowumbrella.org.au or call 4647 1283

Transition to Parenting support group – FREE – Tuesdays 10-11am

For new parents who are looking to connect with others to share their parenting experiences. This is a parent lead group where the community have access to toys, resources and hall hire.

Email manager@yellowumbrella.org.au or call 4647 1283

Supported Playgroups – Wednesdays 10-11:30am & Thursdays 9:30-11am

Facilitated by an early childhood educator, with the aim to strengthen parent/child relationships, provide social interactions and improve a child's early learning skills in a supportive environment.

Email children@yellowumbrella.org.au or call 4647 1283

Youth and Family Case Management – FREE – Tuesdays & Wednesdays

Email youth.services@yellowumbrella.org.au or call or SMS Steph on 0434 812 951



Parenting Program Circle of Security – FREE – Fridays (11/2/22-1/4/22)

8 week parenting course facilitated by Sue Trentfield

Email manager@yellowumbrella.org.au or call 4647 1283 to register

Creative Catch Up Sessions – FREE – Fridays 9:30am-12pm

Join like-minded people for a cuppa and catch up while completing your own art and craft projects

SMS Meg on 0424 169 206



FREE – Mondays
Call Salem 0401 946 321



FREE – Wednesdays
Call 4628 2042



Credentialed Mental Health Nurse
FREE – Wednesdays
Call 1300 797 746