



# COMMUNITY CONNECTIONS

***"Have hope. Winter always turns into spring. What is hot always cools. And what is wrong always rights, one day." Vikram Joshi***

It is hard to believe that the new financial year is here and we are now already half way through winter. It is a very exciting time for CCC as we have been appointed by Stockland to facilitate the delivery of the community development program at Willowdale, a new residential development just 10 minutes from Narellan along Camden Valley Way. Stockland have provided a beautiful two storey house to be known as Willowdale Place, where the community can come together for various programs, activities and events. As well as our office in Narellan, we now have an office located in the house and we will have one additional community worker based at Willowdale Place. If you haven't visited Willowdale, why not pop in and say hello and we can show you around this great new community facility.

We are also really excited to be restarting the delivery of the East Village Spring Farm community development and welcome program, funded by Urban Growth NSW. We have been working with residents in Spring Farm for three years now and with the upcoming release of land and subsequent new residences, we expect to be kept very busy.

It is now tax time and once again we will be offering the Tax Help Program which is a service where anyone with an annual income of \$50 000 or less can have their tax return prepared at no cost. We have not yet received confirmation of the actual days this service will be available but we are expecting to offer the service on a Saturday at Narellan and on at least one weekday at Willowdale. Anyone interested in accessing this service can call and place their name on a waiting list. Other support services available through CCC include a free legal service provided by Macarthur Legal on the first

Wednesday of every month and bookings are essential. We also offer the Energy Accounts Payment Assistance Scheme, a financial assistance program funded by the NSW government and the Sydney Water Payment Assistance Scheme. Appointments for these services are essential and individuals are assessed on a case by case basis.

CCC is a member based organisation, and it is time for membership renewals. These have been sent out to members but if you are not already a member and would like to join, it only costs \$5 per year or \$20 for 5 years. Being a member of CCC gives you the opportunity to actively participate in your local community organisation and will keep you updated about our programs and activities. As well, there are special member rates for some of our activities.

If you would like to become a member or would like any further information about any of our upcoming programs or events, please give us a call or drop in and see us.

Cheers

Sue

*PS. Maria gave birth to a beautiful baby girl on Sunday 17th July. Her name is Trinity and she weighed in at 2.8kg. Both Mum and baby are well.*



**Willowdale Place,  
93 Jamboree Ave, Willowdale**

## WHAT'S ON

### AUGUST

<b>Family Fit</b> - Olympics <i>FREE!</i>	5 Week Fitness Program. Running every Friday from 5th August to 2nd September 4pm - 5pm at Scout Street, Willowdale
<b>Ballroom Dancing</b> for Seniors and anyone interested	Every Tuesday from 16th August - 13th September at Narellan Child Family & Community Centre 11am - 1pm \$20 members \$25 non-members
<b>Winter Wonderland</b> — Willowdale residents	Friday 12th August 5pm - 7pm at Willowdale Place, 93 Jamboree Ave, Willowdale. RSVP 10th August. Phone 4647 1283
<b>Creative Writing and Coffee Program</b>	A 5 week creative writing program every Wednesday from 17th August to 14th September at Willowdale Place . 93 Jamboree Ave, Willowdale
<b>Ikea Shopping Bus Trip</b>	Friday 19th August, Departing Narellan Library Carpark at 9am <b>SOLD OUT</b>
<b>Social Bowling Afternoon</b>	Saturday 20th August 2pm - 4pm at Kingpin Bowling (Macarthur Square) \$8 per person for 2 games
<b>Cook it Macarthur</b> (Camden Council)	Tuesday 23rd August at Willowdale Place, 93 Jamboree Ave Willowdale
<b>Sessions for Seniors</b> - Acupuncture	Wednesday 24th August 2pm - 3:30pm . Willowdale Place, 93 Jamboree Ave Willowdale \$3 per person
<b>CCC's Quarterly Networking Event</b> 'Energy and Water Ombudsman NSW'	Wednesday 31st August 4:30pm - 6pm at Willowdale Place, 93 Jamboree Ave, Willowdale.

### SEPTEMBER

<b>Willowdale Women's Wellness Program</b> \$10 per person per session	6 week Wellness Program for women every Friday from 2nd September to 7th October 10am—12pm. Willowdale Place, 93 Jamboree Ave Willowdale
<b>Willowdale Fathers Day BBQ</b> <i>FREE!</i>	Saturday 3rd September 11am - 2pm Scout Street, Willowdale
<b>Cultural Bus Tour</b> - Bowral Tulip Festival	Wednesday 14th September, Departing Narellan library carpark at 9am cost is \$25 CCC members \$28 non-members.
<b>Willowdale Street Festival</b> <i>FREE!</i>	Saturday 24th September 11am - 2pm Scout Street, Willowdale
<b>Kids Club</b> - Cooking for Kids	Tuesday 27th September 10am - 12noon at Willowdale Community Place, 93 Jamboree Ave, Willowdale. \$8 per person
<b>Kids Club</b> - <i><b>SUPER HEROES</b></i>	Wednesday 28th September 10am - 12noon To be held at Narellan Child Family and Community Centre \$12 members, \$15 non-members
<b>Kids Club</b> - Reptile Show <i>FREE!</i>	Thursday 29th September 10am - 12noon to be held at Bardia Avenue, Bardia (just off Campbelltown road)
<b>CCC Quarterly Community BBQ</b> <i>FREE!</i>	Tuesday 4th October at Narellan Library Forecourt 12noon - 2pm
<b>Kids Club</b> - Little Singers, 8 -12 years	Wednesday 5th October 10am - 12noon at Narellan Child Family and Community Centre. \$12 CCC members, \$15 non-members

### OCTOBER

<b>Triple P Parenting Program</b> <i>FREE!</i>	4 Week program running every Monday from 10th October to 31st October 1pm - 3pm at Willowdale Place, 93 Jamboree Ave, Willowdale
<b>Ballroom Dancing</b> for Seniors and anyone interested	Every Tuesday from 11th October - 8th November at Narellan Child Family & Community Centre 11am - 1pm \$20 members \$25 non-members
<b>Mental Health Awareness Breakfast</b>	Wednesday 12th October 7am –9am at Willowdale Place, 93 Jamboree Ave Willowdale (Leppington)

### ONGOING

<b>Children</b>	<b>Bright Eyes Playgroup</b> every Monday @ Narellan Child, Family and Community Centre <b>Playlinks Playgroup</b> every Wednesday @ Scout Street, Willowdale (just off Camden Valley Way) <b>Brightstars Playgroup</b> every Thursday @ Narellan Child, Family and Community Centre <b>All playgroups run from 10:00am - 12:00pm. Contact CCC for more information.</b>
<b>Youth</b>	<b>Winter Outreach</b> every Thursday 4:30 - 6pm <b>Narellan Child Family &amp; Community Centre</b> <b>Case Management and Referral</b> available by appointment
<b>ACTIVE OVER 50's</b>	<b>Tai Chi</b> 12:30pm - 1:30pm Every Monday @ Narellan Child, Family and Community Centre <b>Tai Chi</b> 10-11am every Tuesday @ Harrington Park <b>YOGA</b> 10:30am every Mon @ Phoenix Health Club, Smeaton Grange <b>FITNESS</b> 8:30am every Wed & Fri @ Phoenix Health Club, Smeaton Grange
<b>Groups</b>	<b>Camden Just Walk It Walking Group.</b> Tuesday's @ the Nepean Cycleway <b>Mt Annan Wanderer's Walking for Pleasure Walking Group.</b> Friday's @ Mt Annan Botanic Garden <b>Macarthur Spinners and Weavers.</b> Friday's @ Country Women's Association, Camden <b>Polymyalgia Rheumatic Support Group.</b> Monthly in the CCC meeting room
<b>Support Services</b>	<b>Sydney Water Payment Assistance Scheme (PAS),</b> by appointment only <b>Energy Accounts Payment Assistance Scheme (EAPA)</b> by appointment only <b>Macarthur Legal Centre</b> – Free Legal Advice, 1st Wednesday of every month, by appointment <b>Tax Help Program</b> - Free Tax Help. Program contact CCC to book <b>Camden Council Subsidised Cat Desexing Program</b> - Contact CCC for an Application form

## COOKERY CORNER

### Spiced Snow Apples

#### Ingredients

1L (4 cups) cold water  
 585g (2 3/4 cups) caster sugar  
 3 cinnamon sticks  
 6 Granny Smith apples, peeled  
 90g (1/3 cup) dried figs, finely chopped  
 1 teaspoon vanilla bean paste  
 1 teaspoon ground cinnamon  
 3 egg whites  
 75g (1/2 cup) pistachio kernels, finely chopped  
 Vanilla custard to serve

#### Method

##### Step 1

Preheat oven to 200°C. Stir the water and 430g (2 cups) sugar in a saucepan over low heat for 3 minutes or until the sugar dissolves. Bring to a simmer. Add the cinnamon and apples. Cover and simmer for 12-15 minutes or until the apples are just tender. Transfer the apples to a plate lined with paper towel. Cool slightly. Remove the apple cores. Place the apples on a lined baking tray.

##### Step 2

Combine the fig, vanilla and cinnamon in a bowl. Divide among the apple centres.

##### Step 3

Use electric beaters to beat the egg whites and remaining 155g (3/4 cup) sugar in a bowl until thick and glossy. Fold in the pistachio. Spread the meringue mixture over each apple. Bake for 5-7 minutes or until just brown. Serve with vanilla custard

## CANDID CAMDEN



Spring Farm Shopping Centre



Spring Farm Public School

**New infrastructure comes to Camden LGA**

## OUR TEAM



Camden  
Community  
Connections



Sue Robinson  
Manager



Mark Jackson  
Acting Team Leader



Camden  
Community  
Connections



Firaol Tujuba  
Community/Family  
Worker



Nathanael Edwards  
Community Worker



Kayla Cornish  
Youth Worker



Aaron Frydman  
Program Assistant



Jo Fawbert  
Bookkeeper  
Administration





**BARDIA & SPRING FARM  
PRESENT...**

**SOCIAL**

# **BOWLING**

**AFTERNOON**

**SATURDAY 20TH AUGUST  
2:00PM-4:00PM**

**KINGPIN BOWLING  
MACARTHUR SQUARE CAMPBELLTOWN  
\$8 PER PERSON BOOK NOW!**

**FUN  
PRIZES**



P. 4647 1283

E. [info@camdenconnections.org.au](mailto:info@camdenconnections.org.au)

[www.camdenconnections.org.au](http://www.camdenconnections.org.au)

Narellan Child, Family & Community Centre